



Calendar

Pre-registration is required for all Classes

ADULT REUNION GROUP:	Monday, Aug. 9th	6:30-7:30 PM
ADULT 101: BACK TO BASICS:	Wednesday, Aug. 18, 25, Sept. 1,8	6:30-8:30 PM
STRESS AND WEIGHT LOSS:	Location: Curves, Goodyear (free lecture)	TBA
STRESS AND AGING:	Location: Our Nutrition Store, Avondale (free lecture)	TBA

FOR MORE INFORMATION CALL 602-615-1161 or email info@thehealingplayground.com